



IN THE MIND OF THE UNIVERSE THE MONAD AND *YOU!*

We live out our lives in the Mind of the universe, and for thousands of years, philosophers, theologians, and scientists have called that unitary source of reality at the beginning of time—the Monad. In philosophy, it's the etheric Substance at the root of both mind and matter. For theologians, the Monad is the *logos* or Word of God. In science, it's the Big Bang singularity from which the physical universe emerged. In mathematics, the Monad is defined as the zero-point origin of all numbers.

In your life, the Monad is the singularity in your own consciousness, the point of view from which you experience the world. The commonplace experience of being a single point of awareness in your own mind—of being impeccably whole in your own little world—is a reflection of the Monad in you.

The focus in this book is on your relationship to the greater Monad. Whatever the ultimate truth of the universe, that is not going to change. What changes is your piece of the puzzle—the singularity of consciousness in your personal space around which you've built your entire life.

We will explore your connection to the Monad in a variety of ways. The first chapter (“Your Mind in the Universe”) is a preview of the rest of the book and a gentle consideration of the Monad and its place in your life. That chapter includes a brief history of the Monad to get you oriented. You'll get a solid foundation in the development of the Monad concept in later chapters on monadic philosophy, science, mathematics, and cosmology. Then, we'll look at the Monad on the personal level in the chapters on monadic experiences and meditations.

Throughout this book, we'll be working in sidebar sessions called “Something to Try.” These are optional excursions into the current topic on the personal level. The goal is to help you experience what is being talked about in the text. There is also a Glossary, extensive Bibliography, Recommended Resources for further study, and Sections Index.

CHAPTERS

1. YOUR MIND IN THE UNIVERSE
2. THE MONAD IN PHILOSOPHY
3. THE MONAD IN SCIENCE
4. THE MONAD IN MATHEMATICS
5. MONAD COSMOLOGY
6. MONADIC EXPERIENCES
7. MONADIC MEDITATIONS
8. METAPHYSICAL MONISM

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